

American Spirit

Quilt Designed by eQuilter



64" x 72"

Skill Level: Confident Beginner

Finished Quilt Size: 64" x 72"

Please read all instructions before beginning. Pre-washing NOT recommended.

Yardages and Cutting

WOF is width of fabric from selvage edge to selvage edge. Remove as little fabric as possible when removing selvages and squaring strip ends.

1 American Spirit Panel

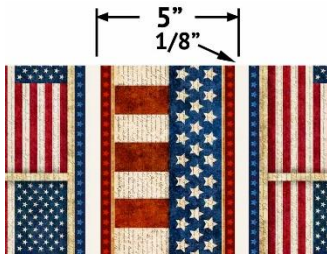
- Trim panel to 34 1/2" x 42 1/2".

1 American Spirit Frames Panel

- Trim (4) frames to 11" x 11", keeping border even.

1 1/2 yards American Spirit Stripe

- Fussy-cut (4) 5" x LOF strips, beginning 1/8" beyond the red stripe and then cutting 5" over from there. Trim to 2 strips each 46 1/2" & 38 1/2".



3/4 yard red hand dye

- 6 strips 2 1/4" x WOF for binding.

1 yard blue hand dye

- 9 strips 3 1/2" x WOF.

1 1/4 yards black

- 4 strips 2 1/2" x WOF; trim to (2) strips each, and 42 1/2" and 38 1/2".
- 7 strips 3" x WOF for outer border.

5 yards 42" backing fabric

- 2 strips 87" x WOF

OR

2 1/4 yards wide backing fabric

- 1 piece 79" x 87"

Batting

- 1 piece 79" x 87"

Completing the Quilt

Use a 1/4" seam allowance for all stitching. Press seams as directed.

1. Sew the (2) 2" x 42 1/2" black strips to the sides of the main panel. Press seams toward the strips. Stitch the (2) 2" x 38 1/2" black strips to the top and bottom. Press seams toward the strips.
2. Stitch the (9) 3 1/2" x WOF blue strips short ends together to make a long strip. Press seams to one side. Cut into 4 strips each, 46 1/2" x 38 1/2".
3. Stitch a 5" x 46 1/2" American stripe strip between (2) blue 3 1/2" x 46 1/2" strips to make a side strip. Repeat to make a second side strip. Press seams toward the blue strips.
4. Repeat Step 3 with the 5" x 38 1/2" American stripe strips and 3 1/2" x 38 1/2" blue strips, and then sew 11" x 11" American Spirit frames to both sides, as shown in the exploded diagram, to make the 59 1/2" x 11" top and bottom strips. Press seams toward the strips.
5. Sew the side strips to the sides of the framed panel and the top and bottom strips to the top and bottom to complete the 59 1/2" x 67 1/2" quilt center. Press seams toward the strips.
6. Stitch the (7) 3" x WOF black strips short ends together to make a long strip. Press seams to one side. Cut into 2 strips each, 67 1/2" x 64 1/2". Sew the 67 1/2" strips to the sides of the center and the 64 1/2" strips to the top and bottom to complete the quilt top.

7. If using 44/45" backing fabric, remove the selvage edges from the backing pieces. Join the pieces on the long edges with a 1/2" seam allowance. Press seam open. Trim to make the 79" x 87" backing piece.
8. Layer the quilt top with the backing and batting pieces. Quilt as desired. Trim batting and backing even with the top.
9. Join the red hand dye binding strips on the short ends with diagonal seams to make a long strip. Press seams open. Press the strip in half along the length with wrong sides together.
10. Bind the quilt edges using your favorite method to complete the quilt.

